

Menu week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
breakfast	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals	Selection of cereals
am snack	Apples	Bagels	Pears	Crumpets	Bananas
lunch	Caribbean style chicken	Chicken and pepper fajitas	Squash and chickpea curry	Farmer Reggie's Stewed Veggies	Chilli Con Carne
side dishes	Rice and broccoli	Wraps and cheese	Rice	potato's	Rice
second course	Fruit and yogurt	Fruit	Fruit and yogurt	Fruit	Fruit and yogurt
tea	Veggie Bolognese pasta	Jacket potato	Chef Louie's ratatouille	Sweet potato dhal	Red pepper and sweet potatoes Tagine
side dishes	Cheese	Beans	Bread and cheese	Naan bread	Couscous
second course	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit